

# Andy Henwood

## Current Roles:

- Shared Haemodialysis Care (SHAREHD): Patient Lead
- Kidney Patient Involvement Network (KPIN): Co Chair
- York Hospital Renal Peer Support Network: Patient Lead



Andy has over 25 years' experience within the British Army and a further 15 years Higher Education and Social Exclusion, gaining experience and qualifications through staff development, training and operations and increasing executive management functions.

Andy was diagnosed with Kidney failure in 2006 and from 2007 spent over 4 years on Haemodialysis (HD); with the last three years of HD very much self-caring i.e. completing as much of his own treatment himself as he could, including inserting and extracting needles. Andy has been fortunate to have had a Kidney transplant in 2012.

Andy has been a project board member for the successful Yorkshire and Humberside Health Foundation '**Closing the Gap**' '*Sharing Haemodialysis Care*' programme<sup>1</sup> and is currently the Patient Advisory Group lead on the Health Foundation '**Scaling Up**' Sharing Haemodialysis Care (SHAREHD) programme<sup>2</sup>.

Andy is a keen advocate of starting the **Kidney Patient Involvement Network (KPIN)**<sup>3,4</sup> which he hopes will help a variety of patients and carers engaging in kidney-based programme activities, where KPIN helps them to utilise and pass on their knowledge, skills and experience within a health care team, having a meaningful input and impact into developing health care interventions designed to improve and promote a more positive experience for both patients and health care professionals.

Andy is also very active in trying to establish active, meaningful and appropriate Advanced Kidney Disease (pre-dialysis) Shared Haemodialysis Care training, patient self-management training and creating the **York Hospital Renal Patient Peer Support Network**<sup>4</sup>.

## References:

1. <http://www.health.org.uk/programmes/closing-gap-through-changing-relationships/projects/enabling-self-management-and-shared>
2. <http://www.health.org.uk/programmes/scaling-improvement/projects/implementing-programme-shared-haemodialysis-care>
3. <https://kpin.org.uk/> (Currently under construction)
4. Funded by Kidney Care UK <https://www.kidneycareuk.org>